

## Weekly Hizf Tracker

Week of: \_\_\_\_\_

Record: Sabaq (new memorisation) · Sabqi (recent 7-14 day revision) · Manzil (older revision cycle)

Day	Surah & Verses (From → To)	New Verses (Sabaq)	Pages Revised (Sabqi / Manzil)	Duration (min)	✓ Completed
Saturday					<input type="checkbox"/>
Sunday					<input type="checkbox"/>
Monday					<input type="checkbox"/>
Tuesday					<input type="checkbox"/>
Wednesday					<input type="checkbox"/>
Thursday					<input type="checkbox"/>
Friday					<input type="checkbox"/>

**Weekly Summary**

New verses this week: \_\_\_\_\_ Total pages revised: \_\_\_\_\_ Days completed: \_\_\_\_ / 7

Teacher's notes / self-assessment: \_\_\_\_\_

*"The most beloved deeds to Allah are those done consistently, even if they are small." — Sahih al-Bukhari 6464*  
 Narrated by Aisha (■■■■ ■■■■ ■■■■)

# Monthly Progress Chart

Month: \_\_\_\_\_ · Year: \_\_\_\_\_

Mark each day: record new verses + revision completed. Shade the circle green when the day's goal is fully met.

<p><b>1</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>2</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>3</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>4</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>5</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>6</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>
<p><b>7</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>8</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>9</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>10</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>11</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>12</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>
<p><b>13</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>14</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>15</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>16</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>17</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>18</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>
<p><b>19</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>20</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>21</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>22</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>23</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>24</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>
<p><b>25</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>26</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>27</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>28</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>29</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>	<p><b>30</b></p> <p>Verses: _____</p> <p>Surah: _____</p> <p>Revision: Y / N</p> <p style="text-align: right;">Done</p>

**Monthly Summary:** Total New Verses: \_\_\_\_\_ Pages Revised: \_\_\_\_\_ Days Done: \_\_\_\_ / 30 Juz' Progress: \_\_\_\_ / 30

Notes / What to improve next month: \_\_\_\_\_

# Full Quran Completion Timeline 604 Pages · 30 Juz' · 6,236 Verses

Select your pace. Shade each Juz' circle green once memorised and verified with your teacher.

My plan

**Intensive Plan**  
**2 Years**  
~1 full page/day  
10-15 verses · 45-60 min/day

My plan

**Standard Plan**  
**3-4 Years**  
~1/2 page/day  
5-8 verses · 30-45 min/day

My plan

**Steady Plan**  
**5-7 Years**  
~1/4 page/day  
3-5 verses · 20-30 min/day

My Plan: \_\_\_\_\_ Start Date: \_\_\_\_\_ Target Completion Date: \_\_\_\_\_

<b>Juz' 1</b> Alif Lam Mim <input type="radio"/> Done	<b>Juz' 2</b> Sayaqul <input type="radio"/> Done	<b>Juz' 3</b> Tilkar Rusul <input type="radio"/> Done	<b>Juz' 4</b> Lan Tana Lu <input type="radio"/> Done	<b>Juz' 5</b> Wal Muhsanat <input type="radio"/> Done	<b>Juz' 6</b> La Yuhibbu <input type="radio"/> Done	<b>Juz' 7</b> Wa Iza Sami <input type="radio"/> Done	<b>Juz' 8</b> Wa Lau Anna <input type="radio"/> Done	<b>Juz' 9</b> Qalal Mala <input type="radio"/> Done	<b>Juz' 10</b> Wa Alamu <input type="radio"/> Done
<b>Juz' 11</b> Yatazer <input type="radio"/> Done	<b>Juz' 12</b> Wa Ma Min <input type="radio"/> Done	<b>Juz' 13</b> Wa Ma Ubri <input type="radio"/> Done	<b>Juz' 14</b> Rubama <input type="radio"/> Done	<b>Juz' 15</b> Subhanalladhi <input type="radio"/> Done	<b>Juz' 16</b> Qal Alam <input type="radio"/> Done	<b>Juz' 17</b> Iqtaraba <input type="radio"/> Done	<b>Juz' 18</b> Qad Afलाha <input type="radio"/> Done	<b>Juz' 19</b> Wa Qalaladh <input type="radio"/> Done	<b>Juz' 20</b> Amman Khalaf <input type="radio"/> Done
<b>Juz' 21</b> Utlu Ma <input type="radio"/> Done	<b>Juz' 22</b> Wa Man Yaqn <input type="radio"/> Done	<b>Juz' 23</b> Wa Mali <input type="radio"/> Done	<b>Juz' 24</b> Fa Man Azlam <input type="radio"/> Done	<b>Juz' 25</b> Ilayhi Yuraddu <input type="radio"/> Done	<b>Juz' 26</b> Ha Mim <input type="radio"/> Done	<b>Juz' 27</b> Qala Fama <input type="radio"/> Done	<b>Juz' 28</b> Qad Sami <input type="radio"/> Done	<b>Juz' 29</b> Tabarakallah <input type="radio"/> Done	<b>Juz' 30</b> Amma <input type="radio"/> Done

**Overall Progress:** Juz' Completed: \_\_\_ / 30 Pages Memorised: \_\_\_ / 604 Percentage Complete: \_\_\_ %  
Teacher signature / verification: \_\_\_\_\_

## Daily Revision Log

Month: \_\_\_\_\_ · Year: \_\_\_\_\_

Log each session: Sabaq (new) · Sabqi (recent 7-14 days) · Manzil (older material). Rate fluency 1-5 (5 = perfect, no hesitation).

Date / Day	Sabaq — New Verses (Surah + Ayah range)	Sabqi — Recent Revision (pages)	Manzil — Old Revision (juz')	Time Spent	Fluency 1 – 5	Teacher Initials
Day 1					① ② ③ ④ ⑤	
Day 2					① ② ③ ④ ⑤	
Day 3					① ② ③ ④ ⑤	
Day 4					① ② ③ ④ ⑤	
Day 5					① ② ③ ④ ⑤	
Day 6					① ② ③ ④ ⑤	
Day 7					① ② ③ ④ ⑤	
Day 8					① ② ③ ④ ⑤	
Day 9					① ② ③ ④ ⑤	
Day 10					① ② ③ ④ ⑤	
Day 11					① ② ③ ④ ⑤	
Day 12					① ② ③ ④ ⑤	
Day 13					① ② ③ ④ ⑤	
Day 14					① ② ③ ④ ⑤	
Day 15					① ② ③ ④ ⑤	
Day 16					① ② ③ ④ ⑤	
Day 17					① ② ③ ④ ⑤	
Day 18					① ② ③ ④ ⑤	
Day 19					① ② ③ ④ ⑤	
Day 20					① ② ③ ④ ⑤	
Day 21					① ② ③ ④ ⑤	
Day 22					① ② ③ ④ ⑤	
Day 23					① ② ③ ④ ⑤	
Day 24					① ② ③ ④ ⑤	
Day 25					① ② ③ ④ ⑤	

**Prophetic Reminder:**

"Keep refreshing your knowledge of the Quran, for it escapes faster than a camel from its tying ropes."

Sahih al-Bukhari, No. 5033 — Narrated by Abu Hurairah (████ ██████████)



## Ready to Begin Your Hifz Journey?

Start with a Certified Hifz Teacher at Mubarak Academy

01

### One-on-One Online Classes

Personalised pace  
no group delays

02

### Certified Egyptian Teachers

Tajweed & Hifz  
specialists

03

### Flexible Scheduling

Morning, evening  
or weekend slots



No commitment · Free first lesson · Available 7 days a week

"And recite the Quran with measured recitation [tarteel]." — Surah Al-Muzzammil 73:4

Email: [info@mubarakacademy.com](mailto:info@mubarakacademy.com) · WhatsApp & booking: [mubarakacademy.com](https://www.mubarakacademy.com)